Many believers do not think that christians can be tormented (afflicted) by demons.

Demons can access your mind through the fiery darts of the wicked one.

Various activities and habits can lead to strong demonic oppression (which can mimick possession, up to the point of schizophrenia (hearing voices and seeing images). Even though it might be rare, it is not impossible (especially if believers delve in occultic practices such as hypnosis, ouija, etc.). Rock and rap music have an influence as well. Any major sin (pornography, blasphemy, drugs) can cause a demonic presence to permeate a christian's life.

1John 4 :4 does not guarantee that demons cannot invade a christian's thought or mind. It simply says that the Holy Spirit has more power than the attacking demons.

Saul, Job and Paul were all afflicted by a demonic presence. In the case of Job it was Satan himself (as was the case for Ananias and Sapphira and the Corinthian fornicator in 1Corinthians 5- there also were Hymeanus and Alexander in 1Timothy 1 :20). God can use Satan and demons to scourge disobedient children or to purify obedient christians as through a trial (Job 23 :10).